

## HOT SUBS

MEATBALL PARMIGIANA	\$8.95	SAUSAGE, BROCCOLI RABE, FRESH MOZZARELLA	\$9.95
SAUSAGE PARMIGIANA	\$8.95	GRILLED CHICKEN	\$9.95
CHICKEN PARMIGIANA	\$8.95	Fresh Mozzarella, Red Onions, Sun-Dried Tomatoes, Roasted Peppers, Mixed Greens, Balsamic Vinaigrette	
EGGPLANT PARMIGIANA	\$8.95		
CHICKEN VERONA	\$9.95		
Chicken Cutlets, Arugula Salad			

## COLD SUBS

HAM, SALAMI, PROVOLONE	\$8.95	PEPPERONI & PROVOLONE	\$8.95
TURKEY FONTINA	\$9.95	PEPPERONI, SALAMI, PROVOLONE	\$9.25

All cold subs are garnished with lettuce tomatoes, onions, & red wine vinaigrette

## CHEESESTEAKS

STEAK \$9.95 CHICKEN \$8.95

1. Provolone, sautéed onions and mushrooms with lettuce, sliced tomatoes, and vinaigrette
2. Sautéed onions, hot peppers, chopped tomatoes and fontina
3. Sautéed onion, green peppers, mushrooms and ragu topped with mozzarella
4. Provolone with bacon, lettuce, sliced tomatoes, red onions, balsamic vinaigrette
5. Sautéed onions and mushrooms with BBQ sauce and fontina cheese

## SIDE ORDERS

SAUCE	\$2.25	SAUTÉED BROCCOLI	\$5.50
PASTA	\$3.25	SAUTÉED BROCCOLI RABE	\$6.95
MEATBALLS	\$3.95	SAUSAGE, PEPPERS, ONIONS, & POTATOES	\$6.95
FRENCH FRIES	\$3.25	GARLIC POTATOES & BROCCOLI RABE	\$7.95
SAUSAGE	\$3.95		
SIDE SALAD	\$2.75		
SAUTÉED SPINACH	\$5.50		

## KID'S MENU

TORTELLINI ALFREDO	\$7.95
CHICKEN PARMESAN WITH PENNE	\$8.95
BAKED ZITI	\$7.95
PENNE WITH BUTTER	\$4.95
MOZZARELLA STICKS	\$6.95
PENNE RAGU	\$5.95
RAVIOLI WITH MEATBALL	\$7.95
KIDS COMBO	\$6.95
Chicken Fingers, Mozzarella Sticks & French Fries	
PENNE RAGU WITH A MEATBALL	\$5.95
PENNE VODKA	\$6.95
MACARONI & CHEESE	\$5.95
CHICKEN FINGERS & FRENCH FRIES	\$5.95
APPLE JUICE	\$1.00
ICE CREAM	\$3.00

\*\*\* WARNING FOR GLUTEN FREE OPTIONS \*\*\*

Gluten free options are 100% gluten free, but prepared in a non-gluten free environment. Negligible cross contamination is possible.

## PIZZAS

	10"	16"
Cheese	\$8.95	\$12.95
1 Topping	\$9.95	\$14.95
2 Toppings	\$10.95	\$15.95
3 Toppings	\$11.95	\$16.95
	SM	LG
Cheese Calzone	\$8.95	\$13.95
Cheese Stromboli	\$8.95	\$13.95

**EXTRA TOPPINGS:** Sausage, Pepperoni, Ham, Meatballs, Anchovies, Zucchini, Eggplant, Green Peppers, Onions, Mushrooms, Garlic, Black Olives, Hot Peppers, Broccoli, Spinach, Extra Cheese

**PREMIUM TOPPINGS:** Fresh Mozzarella, Ricotta, Sun-Dried Tomatoes, Roasted Peppers, Artichokes, Grilled Chicken, Broccoli Rabe, Bacon, Shrimp

Add an additional \$0.50 per premium topping on 10"  
Add an additional \$1.00 per premium topping on 16"

Housemade Gluten Free Crusts Available

## GOURMET RED PIZZAS

	10"	16"		10"	16"
<b>SUPREME</b>	\$10.95	\$18.95	<b>CHICKEN PARMIGIANA</b>	\$11.50	\$18.50
Green peppers, onions, mushrooms, sausage, pepperoni			Ragu sauce, chicken cutlets, ricotta, parsley		
<b>MARGHERITA</b>	\$10.50	\$17.50	<b>BROCCOLI RABE &amp; SAUSAGE</b>	\$10.95	\$17.95
Plum tomatoes, olive oil, basil and fresh mozzarella			Sausage, broccoli rabe, garlic, plum tomatoes, fresh mozzarella		
<b>MONTE CARLO</b>	\$11.50	\$18.50	<b>MARINANA VEGETALI</b>	\$10.50	\$17.50
Plum tomatoes, olive oil, basil, fresh mozzarella, roasted red peppers and sundried tomatoes			Broccoli, zucchini, mushrooms, onions, tomatoes, green peppers		
<b>VODKA</b>	\$10.50	\$17.50	<b>PICCANTI</b>	\$10.50	\$17.50
Pink vodka sauce, fresh mozzarella, black pepper and basil			Sausage, hot peppers, onions, sliced tomatoes, spinach and provolone		
<b>MEAT LOVERS</b>	\$11.50	\$18.95	<b>ITALIAN CHEESESTEAK</b>	\$11.50	\$18.95
Sausage, pepperoni, meatballs, ham, and bacon			Peppers, onions, mushrooms, seasoned beef and fontina cheese		
<b>EGGPLANT PARMIGIANA</b>	\$10.50	\$17.50			
Ragu sauce, eggplant, ricotta, parsley					

## GOURMET WHITE PIZZAS

	10"	16"		10"	16"
<b>BIANCA</b>	\$10.50	\$17.95	<b>HAWAIIAN</b>	\$10.50	\$17.50
Ricotta, fresh mozzarella, and parsley			Red or white. Ham, pineapple, ricotta cheese		
<b>CAPRI</b>	\$9.50	\$16.50	<b>MELANZANA</b>	\$11.50	\$18.95
Sliced tomatoes, fresh mozzarella, olive oil and basil			Prosciutto, eggplant, sliced tomatoes, spinach, ricotta, and fontina		
<b>CHICKEN PESTO</b>	\$10.95	\$17.95	<b>BUFFALO CHICKEN</b>	\$11.50	\$18.95
Grilled chicken, prosciutto, chopped tomatoes and fresh mozzarella			Mozzarella and spicy boneless Buffalo chicken		
<b>PRIMAVERA</b>	\$10.50	\$17.50	<b>BBQ CHICKEN</b>	\$11.50	\$18.95
Broccoli, zucchini, mushrooms, tomatoes, onions, peppers			Mozzarella and tangy BBQ chicken		
<b>SCAMPI</b>	\$11.50	\$18.50	<b>ARUGULA</b>	\$10.50	\$17.50
Shrimp, mozzarella, garlic, parsley			Baby arugula, roasted peppers, red onion, & fresh mozzarella with a balsamic vinaigrette		
<b>SPINACH AND RICOTTA</b>	\$10.50	\$17.50	<b>VEDURA</b>	\$11.50	\$18.50
Mozzarella, spinach, ricotta cheese			Roasted vegetables, spinach, chopped tomatoes, ricotta, fontina, and provolone		
<b>BLT</b>	\$9.95	\$16.95	<b>CBD</b>	\$10.50	\$17.50
Mozzarella, bacon, lettuce, tomatoes, mayonnaise			Grilled chicken, bacon, Ranch dressing with chopped tomatoes, lettuce and mozzarella cheese		
<b>CAJUN CHICKEN</b>	\$10.95	\$18.95			
Grilled chicken, mozzarella, red onions, tomatoes, lettuce, Cajun vinaigrette					

## TAKE-OUT MENU



## Dine-In Take Out Catering

Last Minute Catering Available

"Extensive Gluten-Free Menu"

**908-237-2700**

**FAX: 908-237-2702**

**TUESDAY  
SPECIAL**

buy 1 **PIZZA**  
get 1 **FREE**

of equal or lesser value

12PM -9PM  
Dine-in or Pick-up Only  
Cash Only

Delivery 7 Days a Week / \$15 Minimum



**100 REAVILLE AVE., FLEMINGTON, NJ 08822**

**www.alfrescosnj.com**

## APPETIZERS

<b>EGGPLANT ROLLATINI</b> \$9.95 Stuffed with ricotta, topped with ragu sauce and mozzarella	<b>MUSSELS MARINARA OR FRA DIAVOLO</b> \$9.95 Sautéed with olive oil, garlic, plum tomatoes. Served hot or mild
<b>FRIED CALAMARI</b> \$11.95 With hot or sweet sauce (both add \$1)	<b>GARLIC BREAD</b> \$4.95
<b>SAUSAGE &amp; BROCCOLI RABE</b> \$10.95 Red or White - Choice of garlic and oil or plum tomato sauce	<b>GARLIC BREAD WITH CHEESE</b> \$5.95
<b>BUFFALO CALAMARI</b> \$11.95 Fried calamari tossed in a classic Buffalo sauce, hot or mild, topped with gorgonzola	<b>MOZZARELLA STICKS</b> \$6.95
<b>ARTICHOKE FRANCESE</b> \$10.95 Served over Farro primavera	<b>CHICKEN TENDERS</b> \$7.95
<b>SHRIMP COSMO</b> \$12.95 Garlic Shrimp, tossed with quinoa, zucchini, grape tomatoes	<b>BONELESS WINGS</b> \$10.95 Buffalo or BBQ
<b>MOZZARELLA CAPRESE</b> \$9.95 Fresh Mozzarella, sliced tomatoes, roasted peppers, basil, extra virgin olive oil	<b>ANTIPASTO</b> \$12.95 Field greens, pepperoni, salami, provolone, fresh mozzarella, Kalamata olives, hot peppers, roasted peppers, cucumbers, red onion, mushrooms, & grape tomatoes, red wine vinaigrette

## SOUPS & SALADS

<b>PASTA FAGIOLI</b> Classic preparation Cup \$5.95 Bowl \$8.95	<b>CAESAR SALAD</b> \$7.95 Romaine hearts tossed with a creamy Caesar dressing, parmesan cheese and croutons
<b>CHICKEN NOODLE SOUP</b> Cup \$4.95 Bowl \$7.95	<b>ARUGULA SALAD</b> \$10.95 Arugula, red onion, chopped tomatoes, roasted peppers, and gorgonzola in a balsamic vinaigrette
<b>AL FRESCO SALAD</b> \$10.95 Romaine hearts tossed with cucumbers, tomatoes, red onion, carrots, mushrooms, roasted peppers, sun-dried tomatoes, black olives & fresh mozzarella in a balsamic vinaigrette	<b>PAN SEARED SHRIMP SALAD</b> \$14.95 Pan seared Shrimp, Arugula, Kalamata olives, sun dried tomatoes, red onion, cucumber, artichoke hearts, balsamic vinaigrette
<b>GARDEN SALAD</b> \$7.95 Mixed greens, tomatoes, onions, cucumbers, carrots and red wine vinaigrette	<b>SPINACH SALAD</b> \$10.95 Spinach, bacon, mushrooms, red onion, carrots, and chopped egg in a honey mustard dressing
<b>CALAMARI CAPRI</b> \$13.95 Baby arugula, fried calamari, red onion tomatoes, roasted peppers, Kalamata olives. Lemon vinaigrette	

ADD: Grilled Chicken \$4 • Pan Seared Shrimp \$6  
Grilled Salmon \$7 • Extra Dressing \$.50

## BEVERAGES

Soda, Iced Tea, Lemonade (free refills) \$2.95	Bottled Spring Water \$1.95
Coffee or Tea \$2.95	Kids Juice \$1.00
Pellegrino (small) \$3.95	Kids Milk \$2.00
Pellegrino (large) \$6.95	Pitcher of Soda \$6.95

## CHICKEN

	LUNCH	DINNER		LUNCH	DINNER
<b>CHICKEN SALTIMBOCCA</b>	\$12.95	\$19.95	<b>CHICKEN LAURIE</b>	\$12.95	\$19.95
Chicken topped with prosciutto, spinach, and fresh mozzarella in a white wine demi-glace			White wine lemon sauce, roasted garlic, arugula and chopped tomatoes		
<b>CHICKEN YOLANDA</b>	\$12.95	\$19.95	<b>CHICKEN MARSALA</b>	\$12.95	\$19.95
Marsala wine mushroom sauce, sun-dried tomatoes & mozzarella			Mushrooms in a marsala wine sauce		
<b>CHICKEN FRANCESE</b>	\$12.95	\$19.95	<b>CHICKEN SOFIA</b>	\$12.95	\$19.95
Egg battered in a classic lemon white wine sauce			Bacon, spinach, roasted tomatoes in a creamy pink sauce		
<b>CHICKEN GORGONZOLA</b>	\$12.95	\$19.95	<b>CHICKEN PRIMO</b>	\$12.95	\$19.95
Chicken in a creamy Italian blue cheese sauce with red onion and chopped tomato			Creamy pesto sauce, al fresco tomatoes, pancetta, sausage, mushrooms, arugula & topped with fontina cheese		

## ALFORNO ENTREES

	LUNCH	DINNER		LUNCH	DINNER
<b>BAKED ZITI</b>	\$10.95	\$17.95	<b>LASAGNA</b>	\$13.95	\$17.95
Ragu, ricotta, parmesan & mozzarella			Ragu, ground beef, ricotta, mozzarella		
<b>STUFFED SHELLS</b>	\$10.95	\$16.95	<b>EGGPLANT PARMESAN</b>	\$11.95	\$17.95
Ragu, parmesan & mozzarella					
<b>RAVIOLI</b>	\$10.95	\$16.95	<b>CHICKEN PARMESAN</b>	\$13.95	\$18.95
Ragu, parmesan & mozzarella					
<b>TORTELLINI AL FORNO</b>	\$11.95	\$18.95	<b>STUFFED EGGPLANT ROLLATINI</b>	\$12.95	\$19.95
Pink sauce, parmesan & fresh mozzarella					

# al fresco's

## SPECIALTIES

	LUNCH	DINNER		LUNCH	DINNER
<b>ROSEMARY GARLIC CHICKEN</b>	\$12.95	\$19.95	<b>CHICKEN CAPRICCIOSA</b>	\$12.95	\$19.95
Served over spaghetti al fresco			Panko crusted chicken topped with mixed greens, fresh mozzarella, diced tomato, red onion, balsamic dressing		
<b>CHICKEN GENOA</b>	\$14.95	\$22.95	<b>PAN SEARED RED SNAPPER</b>	\$24.95	
Rose sauce, shrimp, crab, grape tomatoes, spinach, served over linguine			Red Snapper fillet served in a roasted garlic tomato broth with mussels and shrimp over spaghetti		
<b>CHICKEN GIAMBOTTA</b>	\$13.95	\$21.95	<b>SHRIMP FLORENTINA</b>	\$13.95	\$22.95
Chicken, red peppers, onions, mushrooms, hot peppers, potatoes, sausage, balsamic glaze			Pan seared spicy shrimp served over farro florentina with a balsamic reduction		

## PASTA

	LUNCH	DINNER		LUNCH	DINNER
<b>PENNE CON POLLO</b>	\$10.95	\$17.95	<b>RIGATONI BROCCOLI RABE &amp; SAUSAGE</b>	\$10.95	\$17.95
Pink sauce with chicken, onions, mushrooms, peas, sun-dried tomatoes, basil and parmesan			Red or white, Broccoli rabe, sausage, garlic, olive oil & plum tomatoes		
<b>PENNE VODKA</b>	\$9.95	\$16.95	<b>TORTELLINI ALFREDO</b>	\$11.95	\$18.95
Creamy pink vodka sauce			Formaggio parmigiano, cream sauce		
<b>LINGUINE PUTTANESCA</b>	\$8.95	\$15.95	<b>CAVATELLI &amp; BROCCOLI</b>	\$10.95	\$16.95
Garlic, anchovies, capers, olives, plum tomatoes and fresh basil			Broccoli, parmesan, broth, garlic & oil		
<b>SPAGHETTI "AL FRESCO"</b>	\$9.95	\$16.95	<b>CAVATELLI PRIMAVERA</b>	\$10.95	\$16.95
Fresh tomato sauce, prosciutto, onions, elephant garlic and arugula			Pink cream sauce with fresh vegetables		
<b>SPAGHETTI</b>	\$9.95	\$16.95	<b>TORTELLINI DELLA CASA</b>	\$12.95	\$18.95
With meatballs or sausage			Pink cream sauce with ham, red onion, mushrooms, peas, & parmesan		
<b>RIGATONI GORGONZOLA</b>	\$10.95	\$17.95	<b>LINGUINE CALABRESE</b>	\$10.95	\$15.95
Creamy Italian blue cheese sauce, red onions, & chopped tomatoes			Sausage, roasted tomato, onion, spinach, garlic, broth		
<b>RIGATONI BOLOGNESE</b>	\$10.95	\$17.95	<b>SPAGHETTI MARINARA</b>	\$8.95	\$14.95
Ground veal, onions, pancetta, carrots, demi-glace, a touch of cream, and parmesan cheese			Olive oil, garlic, plum tomatoes, & basil		
			<b>PENNE VALENCI</b>	\$10.95	\$17.95
			Pink pesto sauce, prosciutto, red onion, tomatoes, mushrooms, spinach		

## SEAFOOD PASTA

	LUNCH	DINNER		LUNCH	DINNER
<b>LINGUINE PESCATORE</b>	\$15.95	\$21.95	<b>SHRIMP SCAMPI</b>	\$12.95	\$18.95
Red or white. Mussels, crab, shrimp, and calamari, garlic, plum tomatoes			Linguine in a garlic white wine sauce		
<b>SEAFOOD ALFREDO</b>	\$14.95	\$21.95	<b>SHRIMP VODKA</b>	\$13.95	\$18.95
Linguine with cream, crab, & shrimp			Penne and vodka sauce		
			<b>SPAGHETTI GIGI</b>	\$13.95	\$19.95
			Rose sauce, salmon, shrimp, crab, roasted tomatoes & spinach		

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